#### **Measles Specimen Collection Instructions:**

# IF MEASLES IS SUSPECTED, CONTACT YOUR LOCAL HEALTH DEPARTMENT TO DISCUSS CASE AND OBTAIN APPROVAL FOR TESTING!

#### Measles Testing at Michigan Bureau of Laboratories:

The MDHHS Bureau of Laboratories (BOL) performs PCR on throat and nasopharyngeal specimens and measles IgM antibodies on serum. To request testing a DCH-0583 test requisition form must be completed (<a href="https://www.michigan.gov/documents/DCH-0583TEST\_REQUEST\_7587\_7.pdf">www.michigan.gov/documents/DCH-0583TEST\_REQUEST\_7587\_7.pdf</a>).

- Measles PCR is not on the test form. Please write in measles PCR in the "other" box under virology section of the form.
- All positive PCR specimens will also be forwarded to Wisconsin State Laboratory of Hygiene (WSLH) for genotyping.

### Testing is Conducted:

- Monday, Wednesday, Friday (if urgent and approved, specimen may be tested outside specified days)
- Must arrive to the State Lab by 9am
- Results will be provided to counties by end of day

#### **Specimen Type:**

## Throat or NP Swabs are the approved specimens for the State Laboratory

Specimen type for IgM serology: 1 mL serum

Store specimens at refrigerated temperatures and ship on frozen cold packs. If specimen is held >24 hours before shipping, freezing is recommended (if freezer is available).

**Specimen type for PCR**: Non-cotton tip with a non-wood shaft eluted in 3 mL viral transport medium in a plastic container.

#### **Common Swab Brands:**

Copan 159C Polyester Swab sterile FLOQSwabs Copan flocked Swabs

#### **Common Viral Transport Media:**

(sometimes called M4 sometimes called universal transport media)
Remel microtest M4RT Transport for the transport of viruses and chlamydia



## Packaging for Courier Delivery:

Request shipping unit 45 at <a href="www.michigan.gov/documents/dch-0568\_7396\_7.pdf">www.michigan.gov/documents/dch-0568\_7396\_7.pdf</a>

- 1. Primary container (NP or throat swab placed in viral transport media or a serum sample).
  - a. Ensure cap is securely tightened.
  - b. Use Parafilm cap to prevent leakage.
  - c. Must be labeled properly with patient's first and last name and another unique patient identifier.

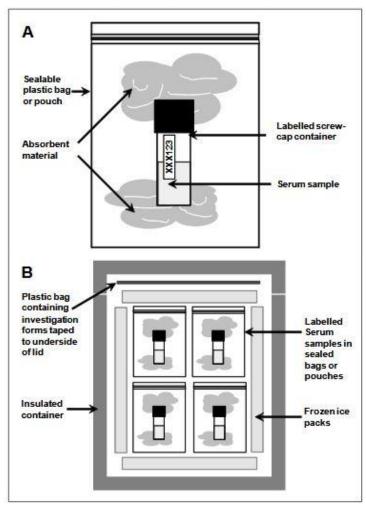
- 2. Place absorbent material around primary container (enough to be able to drink up all the fluid if the whole container spilled out).
- 3. Place primary container (with absorbent material) in secondary bag and seal.
- 4. Keep serum and swab specimens refrigerated until ready to send to the state laboratory. Specimens must be transported at refrigerated temperatures (or on cold packs).
- 5. When ready to send to the state laboratory, place test requisition on outside of secondary container.
  - a. Some secondary container bags have a separate outer pouch for the test requisition.
  - b. Do **NOT** place the test requisition in the same bag as the specimen.
- 6. Please make sure outside container is labeled "Refrigerate upon receipt."
- 7. Place secondary container in outside container (many times it is a cooler in the courier car).

For Category B shipping and packaging instructions via FedEx or UPS or US Postal Service: <a href="https://www.michigan.gov/mdhhs/0,5885,7-339-71551\_2945\_5103\_5278-14793--,00.html">www.michigan.gov/mdhhs/0,5885,7-339-71551\_2945\_5103\_5278-14793--,00.html</a>

Questions for packaging and shipping can be referred to Shannon Sharp at the MI-BOL sharps1@michigan.gov

All other questions can be referred to Dr. Diana Riner Bureau of Laboratories Virology Section Manager rinerd@michigan.gov 517-335-8099 or cell 517-230-7828

Figure 12. Packaging of serum samples. A - individual samples in a sealed bag or pouch. B - multiple samples in an insulated container.



https://www.who.int/ihr/elibrary/manual\_diagn\_lab\_mea\_rub\_en.pdf

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