

COUNTY OF ST. CLAIR RETIREMENT NEWS

August 2023
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2023 Board of Trustees

Deborah Martin, Chairperson
William Herpel, Vice Chairperson
Jorja Baldwin
Timothy Ward
Geoff Donaldson
Karen Farr
Karry Hepting
William Oldford
James Spadafore

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**St. Clair County
Retiree News & Links**
www.stclaircounty.org
Click on Offices,
Retirement System

BCBS of Michigan
1 877 790-2583
www.bcbsm.com

Medicare Advantage
1 866 684-8216

Brown & Brown
for SCC BCBS questions
call Judy or Olga
1 866 421-0478

Delta Dental
1 800 524-0149

Prescription Mail Order
OptumRx
1 855-811-2223

MedTipster
Free Generic Drug
Program
1 877 226-2378
www.medtipsterfree.com

Congratulations to our Re-Elected Chair and Vice Chair

Congratulations to Deborah Martin, St. Clair County Road Commission and William Herpel, St. Clair County Retiree. Both were re-elected as Chairperson and Vice-Chairperson of the St. Clair County Retirement System Board of Trustees.

Annual Actuary Special Meeting

The Annual Retirement and Retirement Health Care Actuarial meeting as of 12/31/2022 will be conducted on Tuesday, August 15th, 2023. The meeting will be held at the St. Clair County Administration Building, 200 Grand River Avenue, Port Huron, MI in the Donald Dodge Auditorium on the first floor at 9:00 am.

This meeting is open to the public and Nyhart Actuaries will present the findings of the 2022 annual Actuarial Valuation of the St. Clair County Employees' Retirement System for pension and health care.

New Retirements

August: Julie Alef, Dennis Tuzinowski

Deaths Reported

Our sincerest condolences to the families of:

James McCormick,
Margaret Danneels



Important Dates

Retirees' Association – General Member meeting

August: Summer Recess; No Association Meeting.

Contact scra917@gmail.com for questions. Next meeting: Wednesday, September 6, 2023.

Tuesday, August 15th, 2023

8:00 am—Board of Trustees Regular Meeting.
Administration Building 200 Grand River Ave, PH; Donald Dodge Auditorium.

Annual Actuary Special Meeting

Tuesday, August 15th, 2023

9:00 am—Board of Trustees Special Meeting.
Administration Building 200 Grand River Ave, PH; Donald Dodge Auditorium.





NEW –Free Hearing and Vision Services for Seniors*



Funded By: St. Clair County Senior Citizens' Millage
Call **Council on Aging at (810) 984-5061** for more information and to determine eligibility.

* Residency, Age and Income Limits Apply.



Behavioral Health Resources for Members: Blue Cross Commercial, Medicare Plus Blue

Here are ways to access behavioral Health resources and information.

Main Blue Cross numbers to call:

To Obtain assistance in finding a provider or to get a list of providers able to take patients with urgent needs, call:

- Blue Cross commercial members: Call New Directions at 1.800.762.2382. Press 1 and ask to speak to a behavioral health clinician.
- Medicare Plus Blue members: Call Behavioral health at 1.888.803.4960.

*Callers will be connected to someone who can schedule a visit.



Nonprofit corporations and independent licensees of the Blue Cross and Blue Shield Association

Resources on the Web for Blue Cross Members:

Blue Cross members can visit bcbsm.com/behavioral-mental-health for information and sources of care, including:

- How to access therapy, both face to face and via telemedicine
- How to get assistance when dealing with a crisis
- Phone numbers to call to access care
- Statistics about mental health and mental health stigma
- MI Blues Perspectives blog: information about strengthening mental and physical health

Online Therapy:

Online therapy is available for most Blue Cross members through Blue Cross Online Visits. Members should check their benefits by logging into their bcbsm.com account and searching "online visits" in the What's Covered tab or by calling the number on the back of your insurance card. Members with coverage should include their Blue Cross enrollee ID when registering for Blue Cross Online Visits.

Able To:

An eight-week cognitive behavioral therapy program for members 18 and older for issues like anxiety and depression. To schedule and appointment with an Able To therapist, go to ableto.com/bcbsm.