

# COUNTY OF ST. CLAIR RETIREMENT NEWS

July 2023  
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## 2023 Board of Trustees

*Deborah Martin, Chairperson*  
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*Timothy Ward*  
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*Karen Farr*  
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## Contact Information:

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**St. Clair County  
Retiree News & Links**  
[www.stclaircounty.org](http://www.stclaircounty.org)  
Click on Offices,  
Retirement System

**BCBS of Michigan**  
1 877 790-2583  
[www.bcbsm.com](http://www.bcbsm.com)

**Medicare Advantage**  
1 866 684-8216

**Brown & Brown**  
for SCC BCBS questions  
call Judy or Olga  
1 866 421-0478

**Delta Dental**  
1 800 524-0149

**Prescription Mail Order**  
OptumRx  
1 855-811-2223

**MedTipster**  
Free Generic Drug  
Program  
1 877 226-2378  
[www.medtipsterfree.com](http://www.medtipsterfree.com)

## Blue Water Festival—Boat Week

The Blue Water Festival returns July 12-15, 2023. Familiar favorites such as Concerts, Fireworks, OT's Family Night, and Mannequins Making a Difference join the festivities, all being kicked off by the Rotary International Day Parade on Wednesday, July 12 in Downtown Port Huron.



## Are Your Retirement Files Up-To-Date?

### Below are a few things to review/keep in mind:

-Address changes: (We update BCBS, Medicare, MedTipster, Delta Dental, Payroll, HR system, etc.) We need to be made aware of when you move. Confidential information is often mailed to the current address in our system (1099R, paycheck stub, pension related information, etc.) The post office will only forward mail for a short period of time and does not contact the County of your address changes. You need to contact us directly.

-Retiree's Death Benefit Beneficiaries: Are your beneficiaries up-to-date? Do we have a contact number for them? Are they aware that there will be a death benefit due them? Do your survivor beneficiaries know what happens with your pension?

-Direct Deposit: Payroll is processed the last week of every month. Do we have updated tax withholdings? Did you change your bank account or cancel it? The bank does not notify the County of a change.

-Did you know you can create a BCBS account online at [bcbsm.com](http://bcbsm.com) and view Benefits paid, Claims, find doctors, etc? Did you know Delta Dental is our dental provider, but doesn't issue a card.

Call us with questions to make sure your file is up-to-date!

## New Retirements

**July:** Michael Brown, Faye Northey, Patricia Schade

## Deaths Reported

**Our sincerest condolences to the families of:**

Bruce Kammer



## Important Dates

### Retirees' Association – General Member meeting

**July and August:** Summer Recess; No Association Meetings.

Contact [sccra917@gmail.com](mailto:sccra917@gmail.com) for questions. Next meeting: Wednesday, September 6, 2023.

### Tuesday, July 18th, 2023

8:00 am—Board of Trustees Regular Meeting.  
Administration Building 200 Grand River Ave, PH; Donald Dodge Auditorium.



## Medicare Enrollment Reminder

Blue Cross Blue Shield members must notify the Human Resources Department when you or your covered dependents initially become eligible for Medicare through age or disability. It is a requirement that participants have Medicare Part A and Part B coverage and provide a copy of the Medicare card at least thirty days prior to the coverage effective date if the participant wishes to remain covered under the retiree benefit plan.

When you first receive your Medicare card for the first time, please send a photo copy to: St. Clair County Human Resources, 200 Grand River Ave., Suite 206, Port Huron, MI 48060. This will allow us to get you quickly and properly enrolled into the Medicare Advantage program. Failure to enroll in Medicare Advantage prior to your Medicare eligibility date may result in claim denial.

Please keep in mind that an individual can only be enrolled in one Medicare Advantage plan at a time. Enrolling in the St. Clair County Retiree Medicare Advantage plan will automatically disenroll you from any other Medicare Advantage or individual Part D Medicare prescription drug plan in which you may be enrolled.

If you have any questions, please contact Stephanie at (810)989-6910

## Understanding Alzheimer's & Dementia Presentation

Learn the difference between Alzheimer's and dementia, Alzheimer's stages, and risk factors. The discussion will also include current research, available treatments and ways the Alzheimer's Association can help.

**Date:** Thursday, July 13, 2023

**Time:** 6:00pm—7:00pm

**Location:** Main Library

210 McMorran Blvd. Port Huron, MI. 48060

(810) 987-7323

Check out events @ <https://stclaircountylibrary.org/events>

## National Blueberry Month—July



## Blueberry & Watermelon Salad with Marinated Feta

Servings: 4

Prep Time: 10 minutes

Cook Time: 2 minutes

### INGREDIENTS

- 1/3 cup cubed feta cheese
- 1/3 cup thinly sliced red onion
- 2 tbsp olive oil
- 1 tsp lemon zest
- 2 tbsp lemon juice
- Pinch of hot pepper flakes
- 2 cups cubed seedless watermelon
- 1 cup fresh blueberries
- 1 cup chopped cucumber
- 1/4 cup loosely packed, thinly sliced fresh basil

### INSTRUCTIONS

- 1 Toss together feta, red onion, oil, lemon zest, lemon juice and hot pepper flakes. Let stand for 10 minutes.
- 2 Toss together watermelon, blueberries, cucumber and basil; transfer to small serving platter. Top with feta mixture.

### Variations

Substitute mint for basil if desired. Substitute lime for lemon if desired.

### About This Recipe

Your selection of favorite salads just got upgraded. This Blueberry and Watermelon Salad with Marinated Feta is so simple to make – and sure to impress. The juicy blueberries and watermelon pair perfectly with refreshing cucumber and tangy marinated feta.