

COUNTY OF ST. CLAIR RETIREMENT NEWS

March 2023
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2023 Board of Trustees

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William Herpel, Vice Chairperson
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**St. Clair County
Retiree News & Links**
www.stclaircounty.org
Click on Offices,
Retirement System

BCBS of Michigan
1 877 790-2583
www.bcbsm.com

Medicare Advantage
1 866 684-8216

Brown & Brown
for SCC BCBS questions
call Judy or Olga
1 866 421-0478

Delta Dental
1 800 524-0149

Prescription Mail Order
OptumRx
1 855-811-2223

MedTipster
Free Generic Drug
Program
1 877 226-2378
www.medtipsterfree.com



IRS 1095 Forms – Health Coverage

Form 1095, Health Coverage, provides you with information about your health care coverage if you, your spouse or your dependents were enrolled in coverage through an insurance provider or self-insured employer last year. **The forms will be mailed out in March of 2023. However, it is important to note that this form is not required to complete your taxes.** You are likely to get more than one form if you had coverage from more than one provider, you changed coverage or employers during the year, or if different members of your family received coverage from different providers. Please note that retirees in the Medicare Advantage plan will **not** receive a form.

For more information or if you have any questions regarding filing your taxes and your 1095 form, please contact your tax specialist.

Don't Forget to Change Your Clocks!



New Retirements

March: Stacy Bixler, Karen Hoover, Kristen Brown and Kelly Norris.

Deaths Reported

Our sincerest condolences to the families of:

Mary Warwick,
Susan Dresser, Lois
Garriott and
Leopold Lindinger.



Important Dates

Retirees' Association – General Member meeting

Wednesday, March 1, 2023
Council on Aging Senior Center
600 Grand River Ave., Port
Huron. Cost: \$5. Doors open
at 11:30; luncheon at noon.
Guest Speaker: Ms. Fleury—
Life Skills Center Alzheimer's
and Dementia. Contact
scra917@gmail.com
for questions. Next meeting:
Wednesday, April 5, 2023.

Tuesday, March 21st, 2023

8:00 am—Board of Trustees
Regular Meeting.
Administration Building 200
Grand River Ave, PH; Donald
Dodge Auditorium.



The Blues Makes it Easier to Get Fit—Silver Sneakers

What is SilverSneakers?

SilverSneakers is a fitness and wellness program offered at no additional cost to seniors 65+ on eligible Medicare Plans that helps you get active, get fit and connect with others.

What's Included with a SilverSneakers Membership?

- Specially designed exercise classes for all fitness levels online and in-person
- Community classes in your area offered in-person and online.
- 15,000+ fitness and community locations nationwide. You can visit as many as you like!
- Access to everything your fitness location offers, such as:
 - Cardio equipment
 - Pools
 - Hot tubs
 - Tennis Court
 - Walking tracks
 - And much more!

For Questions or to get your membership, call: 866-584-7389

OR Visit: <https://tools.silversneakers.com>

Local SilverSneaker Locations:

YMCA of the Blue Water Area

1525 3rd St.

Afterburn Fitness Club

206 Huron Ave, Suite 102

Port Huron Viking Fitness Center LLC

2422 Lapeer Rd.

Cutting Edge Health and Fitness

3520 Pine Grove Ave.

Fit 4 Women

2887 Krafft Rd, Suite 300

Planet Fitness—Port Huron

4350 24th Ave, Suite 504

Viking Fitness Center

782 Huron, Suite 5

Anytime Fitness—Marysville

3270 Gratiot Ave.

Anytime Fitness—Richmond

67200 Gratiot Ave.

Richmond Athletic Club

67480 Main St.

Senior Lunch

Join us for a presentation by Becky Pare' on her recent trip to Ireland. Irish Stew and refreshments are provided by the Friends of Memphis Library. **Registration Required.**



Date: Tuesday, March 14

Time: 11:30am—1:30pm

Location: Memphis Library

34830 Potter St.

Memphis, MI. 48041

(810) 392-2980

Blue Water New Horizons Music Needs You!

We are a local band for adults 55+ that is open to new members whether or not they have ever played an instrument. Players of all levels are encouraged to join us. We have band, orchestra and swing band. Some people play in more than one group. Brass, woodwinds, percussion, strings...we have it all!

Our organization has been in existence since 1998 and rehearsals are weekly at the Port Huron Music Center. We perform concerts in the community throughout the year.

Making music is good for the brain and the body! Come check us out and see how much fun we have.

For more information contact Sue Amato:

amatosusan40@gmail.com or 810-334-6649