

COUNTY OF ST. CLAIR RETIREMENT NEWS

October 2023
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2023 Board of Trustees

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**St. Clair County
Retiree News & Links**
www.stclaircounty.org
Click on Offices,
Retirement System

BCBS of Michigan
1 877 790-2583
www.bcbsm.com

Medicare Advantage
1 866 684-8216

Brown & Brown
for SCC BCBS questions
call Judy or Olga
1 866 421-0478

Delta Dental
1 800 524-0149

Prescription Mail Order
OptumRx
1 855-811-2223

MedTipster
Free Generic Drug
Program
1 877 226-2378
www.medtipsterfree.com

The Sweetest Trees

A free Sweetest Day celebration in the forest. Enjoy a fall color walking tour admiring the trees of **Columbus County Park** in the peak of leaf-peeping season. Learn the basics of tree identification and share your take on why forests make us feel good. Join our Sap Rap! Chat with us about our community maple sugaring project, and sample sweet maple treats as we walk and talk.

Saturday, October 21, 10 a.m.—12 p.m.
1670 Bauman Rd. Columbus, MI. 48063
Meet in the front of the Lodge. Wheelchair access



Can you survive **72 HRS** on your own?

1. Get a Kit
 2. Make a Plan
 3. Be Informed
- Today!*

www.BeReadyStClairCounty.org

Medicare Advantage Open Enrollment Reminder

Open enrollment for Medicare Advantage is upon us, starting in October. You will be receiving a lot of marketing calls from companies trying to get you to switch to their plan. It is your right to decide on a plan that suits you, but please keep in mind that an individual can only be enrolled in one Medicare Advantage plan at a time. Enrolling in another Medicare Advantage plan may automatically disenroll you from the St. Clair County Retiree Medicare Advantage plan. **If you wish to remain on the County Policy, there is no action you need to take.** If a covered dependent newly becomes Medicare eligible through age or disability, you should notify our office immediately.

Please be aware that scammers will be at an all-time high during this enrollment period and will impersonate Medicare or another organization you may know. **No one should be asking for your Medicare, Social Security, bank or credit card information-DO NOT share this information. They do not need any personal information to provide a quote.**

To learn more about your Medicare Rights, visit medicare.gov/basics to see a list of rules. If you have questions, please contact Stephanie Frizzle in the Human Resources office at (810)989-6910 or you may email questions to: sfrizzle@stclaircounty.org.

New Retirements

October:

Pamela Campbell

Deaths Reported

Our sincerest condolences to the families of:

Julia Kruskie, Frederick Surline

Important Dates

Retirees' Association—General
Member Meetings:

Wednesday, October 4, 2023

Council on Aging Senior Center
600 Grand River Ave. PH.

Cost: \$5.00

Doors open: 11:30am, Lunch
served promptly at Noon.

Speaker: Jacqueline Martin, Port
Huron Fire Department.

Next meeting: November 1,
2023

Info email:

scra917@gmail.com.

Tuesday, October 17th, 2023

8:00 am—Board of Trustees
Regular Meeting. Administration
Building 200 Grand River Ave,
PH; Donald Dodge Auditorium.



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Flu Vaccinations Now Available at the St. Clair County Health Department Be a "Flu Fighter" and Get Vaccinated

As flu season approaches, the St. Clair County Health Department is encouraging residents to consider getting vaccinated this year. It is important to stay protected against the flu, even if time lapsed in between vaccinations.

The St. Clair County Health Department (SCCHD) and Teen Health locations offer a variety of flu vaccinations (while supplies last) including:

- Quadrivalent enhanced (age 65 and older)
- Standard-dose Quadrivalent (age 6 months and older)
- Quadrivalent egg-free (age 6 months and older)
- Flu Mist (ages 2 through 49 years old)

The Health Department is located at 3415 28th Street in Port Huron. Through October 25, walk-in hours are Mondays, 10:00am -6:00pm and Wednesdays, 8:00am - 4:00pm; or other days by appointment, call (810) 987-5300. Appointments required at Teen Health locations (ages 10-21), call (810) 987-1311. Most insurance is accepted and consider flu vaccination a covered benefit. For those uninsured or underinsured, cost will vary based on income eligibility and family size.

For more information: (810) 966-4161, www.beaththeflu.org

Byline Author Kimberly Paulson Presentation

The legal thriller Byline, by Michigan author Kimberly Paulson, is a page-turner of a whodunit. Set in Ann Arbor, Michigan, Byline follows public defender Sohni Silver as she searches for the truth when her homeless client is accused of murdering a University of Michigan student. The truth she finds, though, is more dangerous that she ever expected. The first novel from Kimberly Paulson, the book has earned high praise and has been rated 4.9 stars on Amazon with readers calling it "well-written," "riveting," and "everything you could want in a murder mystery." Kimberly Paulson's own experiences inspire and inform her writing. She graduated from U of M and earned a law degree from the Fordham University School of Law. She's practiced law in Michigan for twenty-six years, served as an adjunct law professor, and founded and managed free legal clinics. Come enjoy a new voice in the murder mystery genre with a chance to purchase or win a copy of the book. This event is in the **Don Dodge Auditorium, located at 200 Grand River Ave.** This is across the street from and behind the Main Library building.

Wednesday, October 11, 2023

6:00pm—7:00pm

Work zone **CRASHES** are not accidents, but they are avoidable.

Facts

The highest number of Michigan work zone crashes occur when lanes are closed.

Speeding is leading cause of fatal work zone crashes.

YOU can make a difference:

- Slow down
- Minimize distractions
- Be patient, stay calm

PAY ATTENTION

2019 Michigan Work Zone Statistics

5,808 Crashes
17 Fatalities
1,465 Injuries



Penalties and Fines

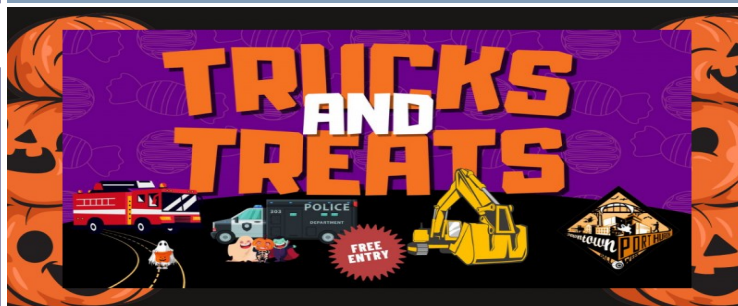
Fines are doubled for speeding in work zones. Up to \$7500 and 15 years for injuring/killing ANYONE in a work zone.

Rear-end crashes are the most common type of work zone crash.

Don't tailgate

Watch for brake lights.

Drive Safe. Work Safe. Save Lives. Michigan Department of Transportation



Downtown Halloween Spooktacular is Back! This **FREE** event is made for the whole family! Where kids, young and old, can learn about and touch an assortment of vehicles including police cars, fire engines, dump trucks, construction equipment and many other unique items from those who protect, build and serve in our community! Participants and downtown business will be handing out candy to costumed guests, so be sure to wear your Halloween best! Quiet hours from 3-4PM.

Saturday, October 21
12:30 p.m.— 4:00 p.m.

McMorran Plaza
701 McMorran Blvd. Port Huron, MI. 48060