

**PERMETHRIN CREAM 5%**  
(for scabies)

Scabies is a skin disease caused by an almost invisible organism called the “itch mite” which burrows under the skin and begins a cycle of egg laying. Hand holding games, shaking hands, exchanging clothing, sharing a bed or towel can help transmit this disease which is characterized by intense itching, especially at night.

Treatment: **WARNING:** Pregnant and nursing women and children under 2 months of age must be seen by their own physician for treatment.

For non-pregnant adults and children over 2 months of age only:

1. Do not bathe before applying Permethrin Cream 5%.
2. Be sure to apply this lotion to all areas from the chin down. Avoid eyelashes, eyebrows, eyes, nose, mouth and mucous membranes.
3. Keep lotion on for 8 - 14 hours, then bathe or shower and change to freshly laundered clothes.
4. While the lotion is on, strip the bedding to the mattress and remake with freshly laundered linen.
5. The house should be cleaned thoroughly. This includes vacuuming furniture and mattresses. Spraying with insecticides of living areas is unnecessary.
6. All members of the family should be treated.

Remember: Rash and itching may persist for two weeks after treatment. Do not regard this as a sign of continuing infection. Avoid over treatment. Re-treatment may be required after two weeks if still symptomatic. Both sexual and personal or household contacts within the preceding month should be examined and treated. A handful of cornstarch or baking soda per 3 inches of bath water is effective for controlling post-treatment itch. Caladryl can also be applied with a cotton ball to itching areas.

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