

DISEASES

Childhood Infectious Diseases and How They Are Spread



AIR OR RESPIRATORY TRANSMISSION:

How the disease is spread	Behaviors that spread	Examples of diseases	Possible symptoms
<ul style="list-style-type: none"> Breathing germs in the air Contact with infected saliva and mucus 	<ul style="list-style-type: none"> Coughing or sneezing Kissing on the mouth Sharing mouthed toys Wiping noses without proper hand washing Poor ventilation 	<ul style="list-style-type: none"> Cold Flu Measles Pink Eye Chickenpox Mumps Rubella Pertussis 	<ul style="list-style-type: none"> Coughing Fever Rash Runny Nose Sore Throat Ear ache

STOOL OR FECAL - ORAL TRANSMISSION:

How the disease is spread	Behaviors that spread	Examples of diseases	Possible symptoms
<ul style="list-style-type: none"> Mouth contact with items and hands contaminated by infected stool 	<ul style="list-style-type: none"> Diapering, toileting, food preparation without proper hand washing Sharing mouthed toys Unsafe food handling Improper disinfection procedures 	<ul style="list-style-type: none"> Giardia Shigella Pinworms Salmonella Coxsackie virus Hepatitis A Polio E.coli 	<ul style="list-style-type: none"> Stomach ache Nausea Vomiting Diarrhea

DIRECT CONTACT:

How the disease is spread	Behaviors that spread	Examples of diseases	Possible symptoms
<ul style="list-style-type: none"> Contact with infected hair, skin and objects 	<ul style="list-style-type: none"> Touching skin or hair which is infected Sharing clothing, hats and brushes which are infected 	<ul style="list-style-type: none"> Herpes Ringworm Scabies Head Lice Impetigo Chicken Pox 	<ul style="list-style-type: none"> Rash Oozing sores Itching Visible nits or eggs

BLOOD TRANSMISSION:

How the disease is spread	Behaviors that spread	Examples of diseases	Possible symptoms
<ul style="list-style-type: none"> Contact with infected blood and sometimes other body fluids 	<ul style="list-style-type: none"> Sexual contact Getting infected blood or body fluids into broken skin, eyes or mouth 	<ul style="list-style-type: none"> HIV / AIDS Hepatitis B Cytomegalovirus (CMV) Hepatitis C 	<ul style="list-style-type: none"> Fatigue Weight Loss Yellow Skin Weakened Immune System



For more sources of information on this topic visit:
 ST. CLAIR COUNTY HEALTH DEPARTMENT www.scchealth.co
 CENTERS FOR DISEASE CONTROL AND PREVENTION www.cdc.gov