

Working together for a healthier tomorrow!



2023-2027 CHIP

COMMUNITY HEALTH IMPROVEMENT PLAN

SNAPSHOT

SCAN ME



Learn more at www.HealthySCC.org

CHIP OVERVIEW



St. Clair County Michigan is an engaged community of partners and residents working together to ensure that all citizens are educated, connected, and empowered to live a healthier life.

The Community Health Improvement Plan (CHIP) encompasses three strategic priority areas that will be addressed over the next five years. Each priority has its own goals, objectives and strategies. To view the full report, visit: www.HealthySCC.org.

This document provides an overview of the goals and a snapshot of the strategies prioritized by community stakeholders in order to work together for a healthier tomorrow!

LEARN HOW TO GET INVOLVED



Email: healthed@stclaircounty.org



Call: (810) 987-5300

3-CHIP PRIORITY AREAS

1



**MENTAL & BEHAVIORAL
HEALTH**

2



SUBSTANCE USE

3



**OBESITY & ASSOCIATED
HEALTH BEHAVIORS**

1



MENTAL & BEHAVIORAL HEALTH

Goal: To improve the mental and behavioral health of St. Clair County residents.

SNAPSHOT OF STRATEGIES TO IMPLEMENT OVER THE NEXT 5 YEARS

Increase access to services

Promote anti-bullying messages

Reduce stigma to seeking care

Offer peer support groups

Increase depression screenings for teens

Educate parents on youth depression symptoms

Improve coordination of care between agencies

Build community awareness around adverse childhood experiences



2



SUBSTANCE USE

Goal: To reduce substance abuse rates, unintentional injuries, and drug-induced deaths for St. Clair County residents.

SNAPSHOT OF STRATEGIES TO IMPLEMENT OVER THE NEXT 5 YEARS

Provide Narcan
Training

Create more alcohol-
free events

Increase law
enforcement presence
at events

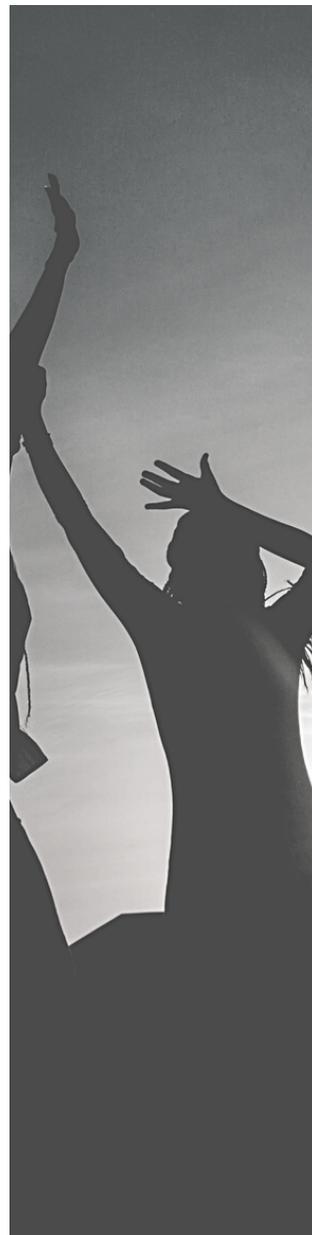
Implement a crisis
stabilization center

Social media
campaigns about the
effects of vaping

Increase number of
community based
organizations

Increase travel options
to treatment

Educate families on
treatment options and
resources



3



OBEESITY & ASSOCIATED HEALTH BEHAVIORS

Goal: To reduce the overweight and obesity rates and increase healthy behaviors of St. Clair County residents.

SNAPSHOT OF STRATEGIES TO IMPLEMENT OVER THE NEXT 5 YEARS

Physical education classes

Peer-to-peer counseling

Social media campaigns

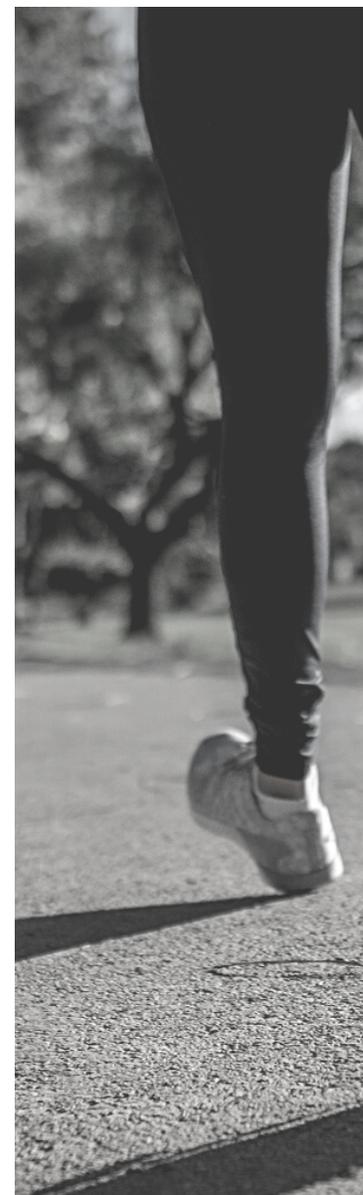
In-person and virtual food prep classes

Health and wellness program incentives

Encourage healthy eating at all income levels

Promote health programs at places of employment

Work to increase access to safe spaces to exercise



Healthy St. Clair County

2023-2027 COMMUNITY PARTNERS



Community *First* Health Centers
Improving the quality of life for our community.



Blue Water Area Rescue Mission
Transforming Lives... Through Jesus Christ



Port Huron HOUSING Commission

