2018 Annual Report

ST. CLAIR COUNTY HEALTH DEPARTMENT CELEBRATES 75 YEARS!



St. Clair County Health Department opened on March 1, 1943.

Vision:

St. Clair County will be a healthy community that is self-reliant and prepared for the future, allowing it to achieve the highest potential and well-being of residents.

Mission:

St. Clair County Health Department will be the trusted local expert in population and preventive health practices; encouraging effective community partnerships, eliminating barriers to health resources, protecting the community from health threats, and encouraging stewardship of the environment.

Staff Then & Now

1943 - St. Clair County Health Department and Cities Coordinated

Then...

- Medical Director
- Assistant Director
- Supervising Nurse
- Staff Nurses
- Sanitarians
- Meat Inspectors
- Clerks



108 McMorran Boulevard Port Huron, MI 48060

2018 - St. Clair County Health Department

Now...



3415 28th Street Port Huron, MI 48060

- Medical Health Officer
 - Administrator
- MDHHS Representative
- 1 MCIR Representative
- 1 Breastfeeding Peer Counselor
- 1 Information Technology Staff
- 2 Registered Dietitians
- Social Workers
- **Program Directors**
- 2 3 3 Administrative Support Staff
- **Health Educators**
- 4 Nursing Supervisors
- 4 5 5 6 Vision & Hearing Technicians
- Agency Support Staff
- Clerk Technicians
- Program Coordinators
- 7 Sanitarians
- 17 Staff Nurses
- 18 Clerks

A letter from Dr. Annette Mercatante Medical Health Officer



2018 was an important year for local public health response, coordination, and growth. We faced ongoing challenges of hepatitis A, opioids, and elections of new leadership at the State legislature, to name a few. One thing I always say to people about this work: "It's never boring!" Each challenge emphasized the core functions of Public Health: Assessments, Assurance, and Policy Development.

Assessments were highlighted this year by the development of the first Community Health Improvement Plan (CHIP). In addition to the 2016 Community Health Needs Assessment (CHNA) data, each of our school districts completed the Michigan Profile for Healthy Youth (MiPHY) survey. This was the first year with 100% participation! This

data, collected from 7th, 9th, and 11th graders, allowed us to strengthen our collaboration with schools to help plan the next steps on community needs.

Our response has been further supported by incorporating Adverse Childhood Experiences (ACEs) insight to our discussion. Significant amounts of scientific research around ACEs shows how childhood trauma impacts adult health. I believe this information will help us "move the needle" to becoming a healthier community.

Assurance was highlighted in our work related to opioid and substance abuse problems, as well as maternal, infant, and child care. Assurance includes evaluation of the effectiveness, accessibility, and quality of personal and population-based health services. Through our collaborative work and the expansion of programs, we are finding ways to close the gaps for people who desperately need services. Sometimes we can find resources to do this ourselves, but many times it is public health's role as the "chief health strategist" to convene the people who are better equipped to respond. Assurance also includes enforcing laws and regulations that protect health and ensure safety – such as our new online restaurant inspections information and communicable disease responses.

Policy Development is continuously highlighted both internally and externally in ways that allow us to do our jobs better. 2018 was the beginning of an internal quality improvement project that will allow us to make progress on efficiency, staff morale, and service delivery. Continuous work with both local and state officials improves their knowledge of public health and its importance to our economic growth and prosperity. Legislation relating to environmental threats, childhood illnesses, and vulnerable populations have tremendous impacts on what we do and how we can do it. Incorporating the key concept of Health Equity into what we do every day is an emerging capacity that will require education and policy development. Our leadership team was trained in this area and are excited to bring it further into our daily work and to the community.

Special thanks to our Board of Health, County Commissioners, and County Controller for supporting our work. Community leadership has also been an integral part of our success, and we thank all of the agencies and people we have been honored to work with.

"Coming together is a beginning, keeping together is progress, working together is success." Edward Everett-Hale

Yours in Health,

Dr. Annette Mercatante

with Prucits

About Us Learn more here

Administration

ANNETTE MERCATANTE, MD, MPH Medical Health Officer

GREG BROWN, BS, RS Administrator

LIZ KING, RN, BSN
Director of Nursing & Community Health

STEVE DEMICK, BS, RS Environmental Health Director

JENNIFER MICHALUK, M.ED, CHES Director of Health Education and Planning

DIANE LOIS-FORYS, BS, RS Emergency Preparedness Coordinator

AMY HART, BS, CPA Accountant/Financial Systems Manager



Pictured Back Row: Amy Hart, Diane Lois–Forys,
Greg Brown, Steve Demick
Front Row: Jennifer Michaluk,
Dr. Annette Mercatante, Liz King

Board of Health

St. Clair County Board of Commissioners appoints six members to the Board of Health. They serve in an advisory capacity and as a review board for department activities and policies.



Pictured Back Row: John Jones, Arnold Koonz, Howard Heidemann Middle Row: Monica Standel, Marie Muller, Cheryl Smith

Front Row: Dr. Annette Mercatante

2018 Triumphs

Michigan Department of Health and Human Services Local Public Health Accreditation

St. Clair County Health Department successfully completed the 2016, 2017, and 2018 review process. The Health Department met 97.79% of all essential and important indicators and received numerous mentions of special recognition and commendation.

Staff Present on Hepatitis A Response at Statewide Conference

Liz King, RN, BSN; Jennifer Michaluk, M.Ed, CHES; and Margaret Sturgis, RN, MSA presented at the 2018 Michigan Public Health Premiere Conference on the positive outcomes of the creative and successful hepatitis A ambassador program. The presentation outlined how changing the existing Community Based Intervention model allowed for community ownership and participation, which is essential for sustained success in achieving health outcomes.



Successful Evaluation for Teen Health Center



Michigan Department of Health and Human Services visited Teen Health Center in March 2018. Multiple reviewers from different professional disciplines were on site to assure adolescent health indicators were being met. Staff did an excellent job.

Dr. Mercatante on Public Health Advisory Council

Dr. Annette Mercatante, Medical Health Officer, was reappointed to the Michigan Public Health Advisory Council (PHAC). PHAC was created within the Michigan Department of Health and Human Services (MDHHS) at the recommendation of the Public Health Advisory Commission. The Council is tasked with developing an action plan for implementing the recommendations of the Commission and providing advice about emerging issues in public health, monitoring the effectiveness of Michigan's public health response system, and reviewing multi-agency efforts to support collaboration and a unified approach on public health responses.

2018 Triumphs

Director of Health Education and Planning Received Statewide Award



Jennifer Michaluk, M.Ed, CHES, received the Distinguished Service Award from the Great Lakes Chapter of the Society of Public Health Educators (GLC–SOPHE) during the 2018 Fall Conference. This award is presented to a member who has demonstrated distinctive commitment to the profession through consistent and high–quality health education activities. Jennifer was nominated for this award due to her dedication to the health education field. She has fostered relationships with local schools and advocated for comprehensive sexual health education and participation in the Michigan Profile for Healthy Youth (MiPHY).

All School Districts Participate in MiPHY!

100% participation in the statewide MiPHY survey from all 8 county public school districts. One charter school also participated in the survey. This survey gathers data about teen substance use, physical activity, diet, mental health, and sexual activity. This is valuable for making data-driven decisions about programming. Anthony Lai, Informatics Coordinator, analyzed each district's data and provided individualized reports and county-wide reports.

In December, Dr. Annette Mercatante, Medical Health Officer, was invited to the St. Clair County Superintendent's meeting to present on St. Clair County MiPHY data. She also emphasized the importance of continued participation.

Women, Infants & Children (WIC) Highlights

In late March, WIC completed a successful onsite state management evaluation. The program received special recognition in seven areas.

WIC was awarded the 2018 Loving Support Award of Excellence by the U.S. Department of Agriculture, Food and Nutrition Service (FNS), Special Supplemental Nutrition Program for Women, Infants and Children.

Kathy Bladow, RN, BSN (middle) and Rebecca Campau, RN, IBCLC (right) were featured in the Michigan



Breastfeeding Network September newsletter. They were also selected as 2018 WIC Statewide Shining Stars for their creative efforts that have positively impacted breastfeeding rates in St. Clair County.

Carley Elliott (left) began working as WIC's new Breastfeeding Peer Counselor in September 2018.

Coordinated Public Health Response

#HepANoWay

Although the Southeast Michigan Hepatitis A Outbreak began in August 2016, St. Clair County did not enter the outbreak until July 2017. Hepatitis A response increased in the fall of 2017 when a local restaurant worker contracted the virus and potentially exposed patrons. This situation required timely and coordinated response from all divisions.



SCCHD Staff and Hepatitis A Ambassadors pictured in front of hepatitis A bus

At the end of 2017, SCCHD was notified of additional grant funding that

would allow for expanded response and promotion. In January 2018, the Hep-A No Way campaign launched (see bus pictured above).

During this outbreak, those at highest risk for hepatitis A were drug users, homeless people, those in jail (or recently released), and men who have sex with men. This allowed for a unique opportunity to work with vulnerable populations and have them be the agents of change.

In an effort to reach high risk populations, Blue Water Recovery & Outreach Center (BWROC) was contacted and asked to partner in hepatitis A prevention. Members of BWROC agreed to volunteer as "Hepatitis A Ambassadors" and helped educate their peers on the outbreak and encouraged vaccination.

Ambassadors joined nurses at clinics and increased vaccination uptake by 75% in some cases. This new relationship was very effective and paved the way for additional collaboration in the future.

Coordinated Response Efforts:

Agency Support - managed additional funding and data analysis.

Emergency Preparedness – assisted in planning vaccination clinics and response.

Environmental Health – educated restaurants and food workers on the importance of vaccination and proper handwashing; assisted with communicable disease investigations when applicable.

Health Education – created media campaign including bus wrap, T-shirts, hepatitis A videos (and commercials), print materials (posters and hepatitis A vaccine coupons), media releases, and social media posts (using #HepANoWay); provided presentations to various community organizations.

Nursing – planned 166 vaccination clinics and administered 5,283 vaccines; led communicable disease investigations on actual & suspect cases (coordinate specimens with MDHHS); added walk-in hours to increase vaccine availability; developed Ambassador education; organized Ambassadors; educated the medical community.







Coordinated Public Health Response

2018 Lead Situation

Lead has been a hot topic of discussion over the past few years in public health. Lead exposure can be absorbed into the body and cause serious damage to vital organs like the brain, kidneys, nerves, and blood cells. Lead poisoning is especially harmful to children under the age of 6.

On April 11, 2018, St. Clair County Health Department was notified by the Michigan Department of Environmental Quality (DEQ) Air Quality Division of increased lead concentrations collected at their Rural Street air monitoring station.

In response, SCCHD offered a lead open house on May 30, 2018. Blood lead testing (for pregnant women and children under 6) and lead testing on household items/children's toys were offered. Partners from MDHHS and DEQ were also present. There were 3 participants.

As a part of DEQ's investigation, they conducted soil sampling in the area near the identified levels. On June 7, 2018, SCCHD received sampling results which indicated areas of concern for elevated lead in the environment and potential exposure. The Health Department mailed 1,100 letters to residents in the area of concern (pictured right).

In continued response, SCCHD held a lead screening clinic on June 26, 2018 at Harrison Center. At this clinic, 701 people were screened for lead. Of these, up to 19 finger stick screening results were elevated. These individuals were asked to have a venous blood draw to confirm an elevated blood lead level. Only 7 of the 19 completed the additional testing. These 7 had a venous draw above $5\mu g/dL$. Some high finger stick screening results were removed after determining their venous draw was below $5\,\mu g/dL$. Individuals with confirmed elevated blood lead levels received case management from SCCHD or MDHHS.



Coordinated Response Efforts:

Agency Support - managed additional funding and data analysis.

Emergency Preparedness – coordinated and assisted in planning lead screening event at Harrison Center.



Environmental Health – interpreted DEQ reports; identified area of concern; created maps; secured handwashing stations to use during screening clinic.

Health Education – provided public information via media releases, social media, and website; responded to media during event; distributed information about lead poisoning and prevention.



Nursing – coordinated and assisted in planning; expanded testing criteria to include pregnant women and adults; completed lead screenings and analyzed results; informed participants of results; facilitated lead test results with MDHHS; conducted home visits; fielded high volume of calls from public.

Financial Summary

2018 Health Department Revenues

COUNTY APPROPRIATION

\$1,701,420

FEDERAL/STATE REVENUE

\$3,066,641

CHARGES FOR SERVICE

\$1,015,220

MEDICAID FULL COST REIMBURSEMENT

\$1,136,576

FEDERAL VACCINE (IN-KIND)

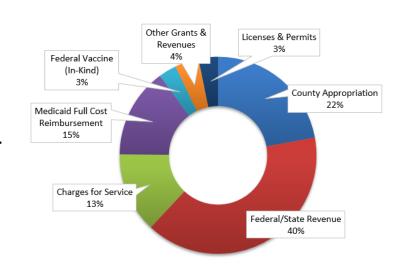
\$226,954

OTHER GRANTS & REVENUES

\$302,099

LICENSES & PERMITS

\$244,791



TOTAL \$7,693,700

2018 Health Department Expenditures

ENVIRONMENTAL HEALTH

\$1,372,519

NURSING

\$4,062,929

EMERGENCY PREPAREDNESS

\$179,723

WOMEN, INFANTS & CHILDREN

\$734,473

DENTAL

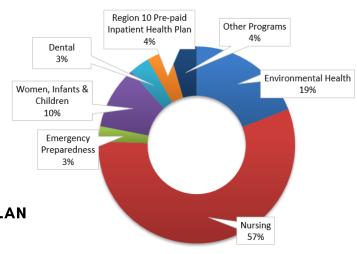
\$242,664

REGION 10 PREPAID INPATIENT HEALTH PLAN

\$273,493

OTHER PROGRAMS

\$320,325



TOTAL \$7,186,125

Community Health Education & Outreach

Health Education Team Grows!



In 2018, two new Health Educator positions were created. Lauryn Muma, MPH (right) was hired in March 2018 and is dedicated to nursing needs. Alyson Koch, BA, CHES® (left) was hired in December 2018 to focus on youth substance use prevention education with youth through funding supported by MDHHS & Region 10 PIHP.

SCCHD in the **News 63 Times**

The Health Department sent out 38 media releases in 2018. There was much to share with the public from hepatitis A vaccination clinics to National HIV Testing Day and everything in between. The media helped spread the word.

Events & Presentations

The Health Education & Outreach Division attends community events and provides presentations to schools, businesses, and community groups. Over 9,500 people at 241 events and presentations received educations on Naloxone, Safe Dates, STI's, Family Planning, E-cigarettes, Hepatitis A, and much more.





Let us know! Follow on social media! @scchdmi







Social Media Reach Increases

SCCHD created an Instagram account in 2018 in an effort to reach youth. Facebook page likes went up by 32% and there were over 85,000 Twitter impressions. This comes as no surprise after 624 Facebook posts, 585 Tweets, and 28 Instagram posts.

Second Chance Naloxone Program



Second Chance is a confidential naloxone (Narcan®) education and distribution program. Naloxone reverses an opioid overdose, giving individuals a second chance at life. 2018 was the third year the Health Department offered this program. 891 overdose reversal kits were distributed and 22 reversals were reported.

Funding provided by MDHHS & Region 10 PIHP

Community Health Education & Outreach

Learn more about Health Education here

Prescription Drug Misuse

Then...



Attempts at self-medication, the reach of youngsters. rough the use of leftover pills and capsules from previous ill triend because they may "look issees are a continuing danger." In fact," Dr. R. E. Rowe, discreption of the St. Clair County call th Department, warns, prescribing old pills for your and the operation of the or your family without the ofessional advice of a physican can be fatal." According to Dr. Rowe, people dulge in self-medication for rious reasons, The most comon is that there may be a occipile of unused drugs in the milly medicine cabinet. "The mere presence of an andance of old pills and psules is tempting, And." he natiouses, "there's the possility that a small child — your not a visitor's — could get do f these pills thinking they be candy."

Dr. Rowe offers these suggesting the storage and carding of old pills:
Do not change pills from one natiner to another for storage. could lead to taking the yong drug.

Keep pills on the top shelf of the medicine cabinet away from the concludes.

In 1969, Dr. R. E. Rowe, Medical Director, discusses the importance of safe storage, proper disposal, and the dangers of sharing medication.

Now...





View videos at www.scchealth.co



The St. Clair County Prescription Drug Abuse Workgroup conducted a Community Readiness Assessment to measure capacity to address prescription misuse. On a scale of 1-9, the score increased from 3.43 in 2016 to 4.41 in 2018.

Reducing stigma and raising awareness of the problem are ways to increase community readiness. The Workgroup produced five videos highlighting people in recovery; "Faces of Recovery" and four "I'm In Recovery" videos.

The Workgroup also conducted a Barrier Analysis. A total of 60 women participated in nine different focus groups. Participants provided valuable information about barriers to receiving prenatal and substance use disorder treatment.

On September 27, 2018, the Workgroup hosted the "Prescriber Response to the Opioid Epidemic" training with 28 attendees.

Funding provided by MDHHS & Region 10 PIHP

Smoke-Free Community Team



1st Place Winner



St. Clair County Smoke-Free Community Team (SFCT) completed its two year strategic plan. The main focus areas are educating on tobacco products, including e-cigarettes, and advocating for smoke-free policies.

SFCT hosted "Escape the Vape", a poster contest, in partnership with McLaren Port Huron hospital. Middle and high school students created designs to show why they wanted to avoid e-cigarettes.

Funding provided by MDHHS & Region 10 PIHP

The Value of **Health Educators**

Health Educators are trained to provide research-based health education and programming. They are also instrumental in developing promotional campaigns, messaging, and much more.

The Health Education Division is responsible for designing flyers, posters, and brochures; maintaining a social media presence; and keeping the SCCHD website updated. Health Educators also serve as the Lead and Deputy Public Information Officer (PIO).

Community Health Education & Outreach

Learn more about Outreach here



Outreach Raised \$120 for Blue Water Food Depot

The Outreach Division held a staff fundraiser in December 2018 to support the Blue Water Community Food Depot. They sold ornaments for \$1 each, the equivalent of six meals for a family in need. SCCHD staff nearly doubled their donation from 2017 (\$77) and gave \$120 = 720 meals!

Community Collaboration Works

Monthly personal health presentations are provided to female inmates at St. Clair County Intervention & Detention Center (SCCIDC). These presentations cover sexually transmitted infections (STIs) and family planning options. Previously, Personal Health Clinic appointments were scheduled to take place after discharge. This often resulted in "no-show" appointments. Through coordination of care with Outreach, Nursing Division, and SCCIDC, inmates are now able to be transported to the Health Department before discharge for their appointments.

The Health Integration Grant with St. Clair County Community Mental Health is another example of community collaboration. The Health Education team provided 7 presentations this year to educate staff on how mental and physical health are interconnected.

Trouble with your Medicaid application?



We can help!



In 2018, we assisted 467 residents with application assistance, distributed over 8,000 pieces of Medicaid Outreach materials, and provided 62 transportation arrangements for medical appointments.

We offer Medicaid application assistance or apply online www.mibridges.michigan.gov

(810) 987-5300

"Amy! I'm Here!" Success story submitted by Amy Bishop, RN, CPS, Outreach Coordinator

A client excitedly ran down the hall toward me yelling, "Amy! I'm here! I'm doing what you said to do!" She recognized me from a Personal Health/Family Planning presentation I provided at the St. Clair County Intervention & Detention Center. She grabbed me and gave me a huge hug and said that she wanted me to know how much my presentation encouraged and inspired her to make a change in her life. She was taking the first steps by actively seeking recovery and support groups. She said that the things I talked about in my presentation really made an impression on her and I had inspired her to truly make a change. I walked away with a smile on my face – she had surely made my day. I helped someone want to improve their life!

I was blessed enough to meet her again so that she could thank me. The reality is that most of us who work in public health may never get to experience the outcome, but I just *know* that things we do today most certainly reach beyond our present moment and make a difference in someone's future!

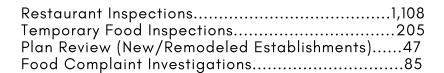
Environmental Health

Learn more about Evironmental Health here

Food Program

The Environmental Health Division's Food Program goal is to protect the public from unsafe food and foodborne illness. Over 500 licensed facilities and vending locations throughout

St. Clair County are inspected twice a year. The components of an inspection review include food handling, employee hygiene, sanitation, and building maintenance. Follow-up inspections are done as needed.





Ashley Castello, REHS, Sanitarian, conducting a restaurant inspection

INSTALLING A SEPTIC SYSTEM?

You must get a sewage permit from the Health Department!

We completed 1,225 septic system inspections and/or services in 2018

(810) 987-5306

Drinking Water



Private wells are a source of drinking water to many St. Clair County residents. Environmental Health inspected and/or serviced 375 water wells, tested 2,250 bacterial surface water samples, and analyzed 2,450 drinking water samples in 2018.

Swimming Pool Inspections

Then...

In 1963, 52 swimming facilities inspected.

Now...

In 2018, 120 public campground and swimming pools inspected.

Soil Erosion & Sedimentation Control

650 onsite soil erosion inspections were completed, providing protection of adjacent properties and waters of the state from sedimentation. A permit is generally required for any earth change activity which disturbs one or more acres of land within 500 feet of a lake or stream.

FOIA

The Freedom of Information Act allows residents to access public records, such as septic, well, and food inspections reports. In 2018, Environmental Health processed over 950 FOIA requests.

Healthy Homes

62 residential homes and child care centers were inspected for leadbased paint hazards. In addition, 148 radon test kits were provided to residents.

Emergency Preparedness & Response

Learn more about Emergency Preparedness here

Communication Drills

Conducted and/or participated in 40 communication drills. Drills with local, regional, and state partners and stakeholders



allow the Health Department to test its communication process.

MIHAN

Michigan Health Alert Network (MIHAN) is a valuable tool for communicating suspect or confirmed health risks to partners all around the state. The purpose is to make public health and healthcare partners aware of important information. In 2018, SCCHD sent six MIHANs and received 118.



Staff Alert Notifications

Emergency Preparedness sent staff 9 alert notifications. These notifications alert internal and field staff of:

- Severe weather
- Road closures
- Local public safety issues

Planning Meetings

Planning meetings are held with Region 2 North; St. Clair County Homeland Security and Emergency Management; Southeast Michigan Cities Readiness Initiative; BioWatch Advisory Committee; MDHHS Emergency Preparedness Coordinators; Public Health Protection Team; and other emerging topic calls as needed (for example, Statewide Hepatitis A Outbreak Call). Emergency Preparedness participated in 79 meetings.

Training & Exercises

Emergency Preparedness conducts trainings with staff and outside agencies to prepare for possible public health emergencies. A total of eight exercises were conducted in 2018.



Real Life Response

All of the drills, trainings, and exercises paid off when the Health Department had to rapidly respond to emerging threats. The Hepatitis A Outbreak demanded attention and various vaccination clinics. Meanwhile, the lead situation also required an immediate and coordinated response.

Learn more about Individual & Family Health here

Expanding Nursing Staff

2018 saw a demand for more nursing services. There was an increased need for immunizations due to the Hepatits A Outbreak which led to the hiring of a full time Public Health Nurse. Complex home visiting clients in Maternal Infant Health Program (MIHP) required improved mental health support, leading to an additional full time Social Worker position. A full time Nurse Practitioner was hired to meet the demand of family planning appointments. Social media and marketing needs led to a full time Health Educator position with a specific focus on nursing topics.

Meeting People Where They Are

In an effort to meet our clients "where they are," the Nursing Division opened an offsite clinic at The Center of Port Huron. The Health



Department began offering services at The Center on April 3, 2018. Immunizations; STI/HIV testing and treatment; WIC services; and Outreach services were offered three days a week on a walk-in basis.

National Recognization

SCCHD and MPRO improved adult immunization rates in St. Clair County. This accomplishment was presented at the Annual Influenza and Adult Immunization Summit where it received national recognition.



New EMR

The Nursing Division spent much of 2018 planning and transitioning to Electronic Health Record (EHR) software from Patagonia Health©

Grants

The ability to effectively meet community health needs while increasing capacity for programming within the Nursing Division was recognized by MDHHS through increased funding. Grants for the Breastfeeding Peer Counselor; Lead Education and Outreach; and Infant Safe Sleep Education were renewed, and additional funding was received for:

- Harm reduction strategies (such as hepatitis C rapid testing and linkage to care; and establishing a Syringe Service Program – SSP)
- Hepatitis A prevention

Learn more about Individual & Family Health here

Immunizations Lead to a Healthy Community

Immunizations are an effective way to prevent many contagious diseases. A total of 13,316 immunizations were given to children, teens, and adults in 2018. 5,283 of those were for hepatitis A due to the Michigan Hepatitis A Outbreak.

Over 1,500 Disease Investigations

Communicable diseases (CD) can be water or food-borne illnesses, like Salmonella; an infection that spreads from person to person, like an STI; a vaccine preventable disease, such as measles; or even a newly identified threat, like Zika or Ebola.

During CD investigations, nurses work with medical providers and subject matter experts from CDC/MDHHS to identify, properly treat individuals, and enforce disease control measures. Staff closely track and monitor disease trends to identify outbreaks early and establish effective interventions.

In 2018, there were 1,648 communicable disease investigations and 142 outbreak investigations (flu, norovirus, and Fifth disease).

Lead Testing



Children under the age of 5 (enrolled in WIC) routinely have their blood screened for high lead levels at the Health Department. If the initial screening is high, the client is

referred to complete a confirmatory venous blood draw. Clients who have a confirmed high lead level receive an environmental scan for lead in their home that is conducted by a Sanitarian from Environmental Health and a Public Health Nurse. There were 1,706 lead tests done in 2018 leading to 15 home visits.

Tuberculosis (TB)

Then...

In 1947, the Health Department installed a 70 mm Photo x-ray Unit in the Port Huron General Hospital. The use of tuberculin tests and x-ray aided the early diagnosis and treatment of TB.

1947
New cases44
Deaths6



Now...

SCCHD offers traditional tuberculin skin tests and whole blood assays. If positive, the individual is medically evaluated for active TB disease. SCCHD is primarily responsible for TB case management (including treatment, contact investigation, and education) and community surveillance to prevent and control the spread of the disease.

346 TB tests given in 2018. No active cases of TB.

Learn more about Individual & Family Health here

New Personal Health Clinic

Clinic Services and Family Planning clinics were combined into one Personal Health Clinic. Now, STI testing, pregnancy testing, and family planning services are offered 5 days a week. This allows for increased appointment availability.

A full time nurse practitioner was hired in 2018 to staff the Personal Health Clinic. Renovations were completed in the waiting area to assure both males and females are comfortable and represented.

The Personal Health Clinic received additional funding to increase the number of male clients and to support Long Acting Reversible Contraception (LARC) methods, such as implants and intrauterine devices (IUDs). Male clientele increased through a targeted marketing campaign. Almost 25% of clients using Title X services are male, compared to 10% statewide. There were also 40 LARC insertions in 2018.

STI testing and treatment	1,183
STI investigations	620
HIV tests	633



Ashley Guerrero, RN, & Kristen Skoney, NP New Personal Health Clinic Staff

Title X Family Planning	Services	507
,	Males	108
	Females	399



Newly renovated Personal Health Clinic waiting room



Be Safe! Use a condom every time!

www.CoverItYouMatter.com

Cover !T You Matter

Cover !T You Matter condom distribution program began in 2016 with a goal to increase access to condoms and stress the importance of STI testing. Partner agencies throughout the community are given a supply of condom kits to distribute. Each kit contains four condoms, four packs of lubrication, information on testing, and other relevant topics. We are grateful for our community partner's help with raising awareness and distributing kits.

In 2018, there were 2,419 kits (just under 10,000 condoms!) distributed among four community partners.

Learn more about Individual & Family Health here

Maternal Infant Health Program (MIHP)

MIHP provides nursing, nutrition, and social work support to pregnant women and those who have given birth in the past year. Hassle-free home visits promote healthy pregnancies with positive birth outcomes and education on how baby can meet milestones.

Enrollments	366
Nurse Visits	1,854
Social Worker Visits	172

Fiscal year 2018 data

Children's Special Health Care Services

Children who have a medical condition that is chronic, disabling, or terminal qualify for Children's Special Health Care Services (CSHCS).

Staff help with care coordination through referrals and advocacy.

CSHCS had an average caseload of 569 clients in 2018.

Fiscal year 2018 data



Hearing & Vision Screening Program

Vision screening is provided to preschool children ages 3 to 5 years and in all county school grades 1, 3, 5, 7, and 9. It's also provided in conjunction with driver's education.

Hearing screening is provided to preschool children ages 3 to 5 years and in all county school grades kindergarten, 2, and 4.

Then		1959	
	Vision		Hearing
	Children tested (Alternate grades 1st - 11th)		Children tested (Kindergarten, 2nd and 4th grades)
	Total9,523		Total6,641
Now		2018	
	Vision		Hearing
	Ages 0-30 Preschool1,138 School Age10,458		Ages 0-30 Preschool1,105 School Age4,893
	Total11,596		Total5,998

Teen Health Center

Learn more about Teen Health Center here

Celebrating 32 Years of Service!

Established in 1986, Teen Health Center is a school-based health center of the St. Clair County Health Department. Teen Health Center operates in collaboration with Port Huron Area Schools and is located on the campus of Port Huron High School. Services are offered to anyone ages 10 through 21 years old.

• Physical exams

- Sport, camp & work exams
- Immunizations
- STI testing & treatment
- Pregnancy testing & referrals
- HIV counseling & testing
- Onsite counseling services

Then...



1986

Now...



2018

L.E.A.D.S. - Linking Education & Awareness of Depression & Suicide

Teen Health Center began offering L.E.A.D.S. in January of 2016. This evidence-based, 3-session curriculum is targeted for high school students. Symptoms of depression, warning signs of suicide, and risk and protective factors are discussed with students. In 2018, there were 39 sessions with 1,038 participants.

Sexually Transmitted Infections (STIs)

Teen Health Center offers STI testing, treatment and prevention counseling. In 2018, there were 436 STIs diagnosed and treated.

Over 1,000 Medical Visits

There were 1,235 medical visits in 2018. There were 857 immunizations and 221 physical exams.



MENTAL HEALTH SERVICES



Confidential services with licensed therapist

- Individual and family counseling
- Substance abuse services
- Smoking/tobacco cessation

582 VISITS IN 2018!

Women, Infants, & Children (WIC)

Learn more about WIC here

Almost \$2 Million Spent on WIC Food

WIC provides women, infants, and children with access to healthy food, nutrition education, and breastfeeding support. Healthy foods, such as fresh fruits and vegetables, milk, cheese, cereal and other grains, peanut butter, and beans are provided to pregnant women and/or children under the age of 5. Participants in St. Clair County spent \$1,918,524.00 WIC food dollars in 2018.

PROJECT FRESH



Opportunity for WIC participants to get a \$25 voucher to spend on fresh fruits & veggies at local farmers markets!

The 2018 WIC voucher redemption rate was 74% - one of the highest rates in Michigan!
There were 132 participants who spent a total of \$2,430 Project Fresh dollars.



(810) 987-8222

Client Eligibility

Then...1972 – eligibility limited to children under the age of 4 and excluded non-breastfeeding postpartum mothers

Now...2018 – eligibility for children under the age of 5 and includes non– breastfeeding postpartum mothers for 6 months

Client Participation

There was an average monthly enrollment of 3,227 participants. The average client total participation rate was 83%.

Breastfeeding Stroll



With 21 vendors and 120 participants, the 4th Annual Breastfeeding Stroll was a success! The purpose of the stroll is to raise awareness about the importance of breastfeeding.

More Breastfeeding Success

WIC's International Board Certified Lactation Consultant® (IBCLC) provided counseling services to over 60 breastfeeding women.



The 2018 breastfeeding initiation average was 67%, a 1% increase from 2017.

Amelia Berger, Registered Dietitian (pictured left) became a Certified Lactation Specialist (CLS).

Community Partnerships Formed

WIC and MDHHS initiated an Integrated Service Delivery (ISD) partnership. Now, when MDHHS enrollees apply for Medicaid they are directly linked with WIC through the MDHHS system referral.

WIC also partnered with the birthing unit of McLaren Hospital to enroll moms and babies.

Satellite Clinic

WIC began offering services at a satellite clinic, The Center of Port Huron, in May of 2018. This allowed WIC to serve clients "where they are." Over 300 WIC clients were seen at The Center.

My Community Dental Center (MCDC)

Learn more about MCDC here

MCDC - Port Huron, MI

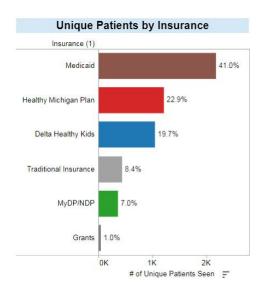
St. Clair County Health Department provides dental services for county residents at the Community Dental Center through a contract with My Community Dental Centers (MCDC).

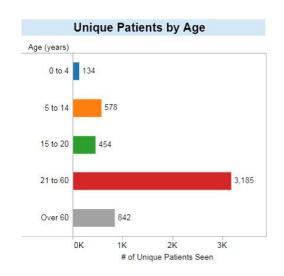


MCDC primarily serves patients covered through Medicaid, Healthy Kids Dental, and Healthy Michigan Plan. MCDC also accepts most private dental insurance plans. MCDC offers My Dental Plan (a program that provides reduced fees) for patients without dental insurance and for uninsured veterans.

2018 Program Statistics

Unique Patients......5,193 Office Visits.....12,881





Patient Testimonials Google Reviews submitted by Amanda Kelley

"This office is the best. I am an established patient here. I was in the worst pain ever last night to the point of seeking help from the ER. When I called the MCDC when they opened, they were very upfront over the phone about what could be done without being seen. Then, they got me in right away. I did not wait very long at all in the office... the tooth causing a painful sleepless night was gone..."

"Everyone there is so nice and the clinic is very clean. I had a tooth pulled and the dentist called the next day to check on me. That doesn't happen too often anymore! Best dental experience I've ever had."

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