

HEALTH CARE SERVICES

Teen Health/School Based Nursing provides a variety of primary care services at our health centers to meet the urgent and preventive care needs of the students in our schools and community.



SICK VISITS:

Teen Health Medical Center- Port Huron offers sick visit appointments. If you can't get in to see your primary doctor, staff can diagnosis and treat common illnesses, helping them get well quickly, and return to school.

PHYSICALS & SPORTS PHYSICALS:

Annual physicals are recommended for children and teens. This is an opportunity to make sure your child is healthy, and teach and counsel them how to prevent illness including nutrition, safety, and development.

Children participating in school sports require a physical for participation every year. Physicals within the clinic include:

- Health Assessment
- Height, Weight, Vitals
- Vision & Hearing Screening
- Cholesterol & Hemoglobin Screening
- Immunizations
- Urinalysis



IMMUNIZATIONS:

Protection from preventable diseases and illnesses is important to the overall health of your child as well as the community as a whole. Immunizations are the best way to protect the community from illnesses.

STI & PREGANCY TESTING:

Our goal is to ensure your teen has access to all aspects of healthcare. Michigan state law allows minors to have access to some medical services without parent or guardian permission including:

- Pregnancy testing
- Screening, testing and treatment for sexually transmitted diseases including human immunodeficiency virus (HIV).

*Please contact your health center for more information.



PRIMARY & PREVENTIVE HEALTH CARE

Our team will support you in building a healthier you. No matter what your health needs are, having a team support you will keep you on the path to meeting them. Services include:


- Health assessments and risk reduction
- Treatment for illness, including prescriptions
- Treatment for minor injuries
- Basic laboratory services and tests
- Referral for special care services
- Education and resources to help better understand the health care system.

HEALTH EDUCATION:

Our mission is to provide expertise in health and promote the academic success of the nation's children and youth by providing leadership and advocacy. Teen Health/School based clinics can provide individual, group, & classroom education.

*See program menu for details on topics we can provide!



 Check out "Locations and Hours" to see what services are available!