



CHILD & ADOLESCENT HEALTH PROGRAM

"Healthier students learn better, better learners graduate, and higher graduation rates = healthier communities!"

St. Clair County Health Department's Child & Adolescent Health Program is jointly funded by the Michigan Department of Health and Human Services (MDHHS) and the Michigan Department of Education (MDE). Services are aimed at achieving the best possible physical, intellectual, and emotional health of children and adolescents by providing high quality, accessible services to youth.



The Child and Adolescent Health Program promotes the health of children, adolescents, and their families by providing important primary, preventive, and early-intervention health care services. The Teen Health Center provides primary care, preventative care, comprehensive health assessment, vision and hearing screenings, medication, immunizations, care for acute illness, management of chronic illness, health education, behavioral and/or developmental screenings, and mental health care.

The presence of health centers in schools was shown to provide health benefits to the entire student population, such as:

- Greater satisfaction with health
- Higher self-esteem
- Fewer threats to achievement
- Engaging in fewer risky behaviors
- Healthier eating habits
- Increased physical activity
- Greater family involvement
- Better problem-solving skills in social situations
- Fewer negative peer influences
- Less physical discomfort
- Less emotional discomfort



The Michigan Evaluation of School-Based Health (MESH), a three-year study conducted by Michigan State University, found that health centers are associated with a wide range of health benefits. Compared to non-users, users of health centers reported significantly better health outcomes and behaviors.

