

FACT SHEET

CATEGORY: **DISASTER SUPPLY KIT**

In a community disaster, you may need to be able to survive on your own for three days or more. This means having your own water, food, and emergency supplies. The following checklist will help you assemble disaster supply kits for each member of your family.

- A two-week supply of water (one gallon per person per day).
- A two-week supply of non-perishable packaged or canned food
- A non-electric can opener and non-breakable eating and drinking utensils.
- One complete change of clothing for each person, sturdy work cloths, sturdy shoes, socks, extra underwear, and rain or snow gear.
- Towels, blankets, pillows, and sleeping bags.
- First aid kit that includes a first aid handbook, adhesive tape, bandages, antibiotic ointments, rubbing alcohol, cotton balls, aspirin, spare glasses and contact lens needs, medications, soap, and thermometer.
- A battery-powered radio, flashlight or lantern, extra batteries.
- Heating source (camp stove or canned heat stove), extra fuel and matches.
- Credit cards, cash, car keys, birth certificates, Social Security cards, driver licenses, and important household documents.
- Special items for infants, elderly or disabled family members.
- Household bleach or water purifying tablets.
- Paper towels and toilet paper.
- Emergency car kit that includes a battery powered radio, flashlight, lantern, extra batteries, blanket, booster cables, fire extinguisher, first aid kit and manual, bottles of water, non-perishable foodstuffs, maps, shovel, flares, spare tire, jack, crowbar, gasoline can, and tire repair kit and pump.