



MEDIA RELEASE

Information **Advisory** **Warning** **Update**

DATE: DECEMBER 4, 2018

FOR MORE INFORMATION CONTACT:

Barb Todaro, RN
Public Health Nurse Coordinator
(810) 987-5300, Ext. 1499
btodaro@stclaircounty.org

***St. Clair County Health Department Celebrates National Influenza Vaccination Week
It's Not Too Late to Vaccinate – Stay Protected From the Flu!***

December 3-9, 2018 is National Influenza Vaccination Week (NIVW). The Centers for Disease Control and Prevention (CDC) recognized NIVW in 2005 to highlight the importance of continuing flu vaccination throughout the holiday season and beyond. NIVW reminds people it's not too late to get vaccinated. Flu season typically peaks between December and February however, flu activity can occur as late as May.

The St. Clair County Health Department, the Teen Health Center and our Center of Port Huron location offer flu shots that protect against four (4) strains of flu, as well as high dose flu vaccine (while supplies last). Vaccination is necessary every year as immunity can decrease and flu strains may change. Vaccination is the best prevention for anyone 6 months of age or older.

Most insurance is accepted and consider flu vaccination a covered benefit. For those uninsured or underinsured, cost will vary based on income eligibility and family size.

Walk-ins are available Mondays from 10:00am-6:00pm at the Main Office, (810) 987-5300; Tuesdays and Wednesdays from 9:00am-4:00pm at the Center of Port Huron location, (810) 987-8706. By appointment at Teen Health Center for those 10-21 years of age, (810) 987-1311.

To learn more about the flu visit www.scchealth.co or www.beattheflu.org. Follow us on social media @scchdmi.

###END###