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MEDIA RELEASE

Information **Advisory** **Warning** **Update**

DATE: March 30, 2018

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St. Clair County Health Department Celebrates National Public Health Week "Changing Our Future Together"

During the first week of April each year, the American Public Health Association observes National Public Health Week. Where we live, learn, work, worship and play impacts our health and our opportunity to ward off disease and injury. It's important to partner across public and private spheres so we can create healthier people, families, communities and, eventually, the healthiest nation. We can do it — if we work together.

Each day will focus on a different public health topic that's critical to creating the healthiest nation:

- Monday, Behavioral Health – In 2015, suicide was one of our nation's leading causes of death. Awareness and prevention is critical. St. Clair County Health Department's Teen Health Center provides LEADS (Linking Education and Awareness of Depression and Suicide); an evidence based curriculum, school-based program for high school youth. To schedule LEADS or for more information on our counseling services contact Teen Health Center at (810) 987-1311.

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- Tuesday, Communicable Diseases – Stopping the spread of communicable diseases requires individual responsibility. Take vaccines for example, they are not just about you. Getting vaccinated protects the very young, very old, and those with weak immune systems from the deadly threat of disease. The Health Department is your vaccine expert. Walk-in Mondays from 10:00am – 6:00pm, other weekdays by appointment (810) 987-5300.
- Wednesday, Environmental Health – Lead can be found in all parts of our environment, even our homes. Infants and toddlers living in homes built before 1977 may be exposed to lead. The Health Department uses a Lead Analyzer which is capable of isolating the sources of lead, within or outside, the home. If lead is present, recommendations for remediation are provided and children are referred for medical treatment if necessary. Call Environmental Health (810) 987-5306 for more information.
- Thursday, Injury and Violence Prevention – Roughly 91 people die every day from opioid overdose. Did you know prescription drug abuse can start at home? Do your part. Be the solution. The St. Clair County Prescription Drug Abuse Workgroup reminds residents to lock up medicine, don't share prescriptions, get rid of unused medicine, and have the conversation about drug safety. The Health Department offers free naloxone training and rescue kits for those 18 and older. Call (810) 987-5300 for more information.
- Friday, Access to Care – Research shows that going without health insurance increases a person's risk of death. The St. Clair County Health Department's Outreach program facilitates access to health care, health insurance, community resources and education. Call Outreach at (810) 987-5300 for assistance.

For more information on National Public Health Week, visit <http://www.nphw.org/nphw-2018>. Visit our website www.scchealth.co or follow us on social media @scchdmi.

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